

Wednesday

30th March
2022

Can we remember the 5 key things to do that keep our minds and bodies healthy?

(Connect /active /take notice/learning/giving and being kind)

Why do you think having mixed One Voice groups is a good idea?

(Build confidence in sharing ideas, mixing with children in different year groups, working with a different adult etc)

Does it help encourage any of the ways to wellbeing?

(Connect, learning, being kind).

Can you make any links to rights?

Article 12- The right for all children to have a voice

Article 13- The freedom of expression and find out (and share) true information

Article 15- The right for children to join groups

Playtimes

- Children in Year 3/4 and 5/6 have had some yoga sessions over the past few weeks. Who enjoyed it? What did you like about it? Lots of children seemed to love it so in the autumn term there will be an after-school yoga club!
- At break times when it is girls' football or boys' football, **football should NOT be being played anywhere else**. If it is girls' football and you're a boy, you must find something else to play. It is not fair to play when it isn't your day and then when it is your day as well! Is this equitable? No, as you are taking other children's rights away.

Year 3/4- Today is the hockey tournament. Sports Leaders will get changed into their PE kits at 12.00 then once the register has been taken they will go down with a TA to set up for the matches. When everyone has registered you will go down to play the tournament, if you're not playing you will be watching and cheering on! In order for this to be successful, you must listen to the sports leaders who are referees and also to your teachers. After the holidays we will be handing out medals for 3rd, 2nd and 1st place along with some special badges!

One Voice Group Leaders

Please spend the rest of the One Voice session filling in the Mental Health and Wellbeing Declaration and return it to Miss Gallienne with your ideas.

Thank you 😊

